



Discover Kerry's Wild Atlantic Way Coastline on a Stand-Up Paddle Adventure

Exceptional guided tours | Explore the magnificent scenery | Wildlife spotting | An inspiring sport

Wild SUP Tours run lovingly crafted, bespoke stand up paddle board tours in various breathtaking locations across County Kerry. Each time they go out into the water, the team aims to give their customers a truly unique experience, creating memories to last a lifetime. Wild SUP Tours caters for complete novices to experienced paddlers alike, running tours that last a few hours up to a few days.

Certified instructors help to create a safe environment where people can enjoy a genuine adventure. Experience authentic Ireland from a different perspective while walking on water. Immerse yourself in the rugged natural beauty, rejoice in the sense of discovery and rekindle your taste for wonder and awe. Wild SUP Tours offers each paddler a chance to unplug and dive fully into the breathtaking beauty of the natural world.

Wild Sup Tour Highlights Include:

- ❖ **Lasting Memories** | total immersion in the most breathtaking views of the Dingle Peninsula & County Kerry
- ❖ **Authentic Ireland** | enjoy seeing the island from a unique perspective
- ❖ **Awe Inspiring Nature** | up close intimate encounters with wildlife in their natural habitat.
- ❖ **First-Rate Guides** | experienced, qualified, passionate and eager to show off magnificent Kerry
- ❖ **Adventures** | boundless fun | phenomenal adventures | safe water experiences



Wild SUP Tours | General Experiences

Tours and Experiences	Short Description	Min/max numbers	Duration (Approx.)	Price /person
Half Day SUPfari	<ul style="list-style-type: none"> • A short tour of Dingle Harbour or the surrounding areas, route determined by the paddle conditions on the day • Includes all equipment – board, paddle, leash, wetsuit, buoyancy aid • Instruction and guide • Photos • Transport to/from launch site 	2/16	3 hours	€XX
All Day Adventure	<ul style="list-style-type: none"> • A longer tour of the Dingle Peninsula, stopping for lunch along the way at a private beach – picnic lunch included • Includes all equipment – board, paddle, leash, wetsuit, buoyancy aid • Instruction and guide • Photos • Transport to/from launch site 	2/16	6 – 7 hours	€XX
Fresh Water (half day)	<ul style="list-style-type: none"> • A short tour of the River Laune or Caragh Lake set in The Reeks District of mid Kerry • Includes all equipment – board, paddle, leash, wetsuit, buoyancy aid • Instruction and guide • Photos 	4/16	3 hours	€XX
Fresh Water (all day)	<ul style="list-style-type: none"> • A longer tour of the inland waterways of The Reeks District, stopping in a secluded place for a picnic lunch • Includes all equipment – board, paddle, leash, wetsuit, buoyancy aid • Instruction and guide • Locally sourced picnic lunch • Photos 	4/16	6 – 7 hours	€XX
Eco Explorer Kids Camp	<ul style="list-style-type: none"> • 5 days of SUP and ecology in Dingle Harbour, teaching kids and young teens how to have fun and be safe in the water • The week includes rock pooling, weather reading, sustainability and much more! • Includes all equipment (board, paddle, leash, wetsuit, buoyancy aid), materials for activities, instructors and guides. 	5/16	4 hours 5 days per week	€XX



Wild SUP Tours | Premium Adventures

*prior SUP experience recommended

Tours and Experiences	Short Description	Min-max numbers	Duration (Approx.)	Price /person
Night SUP in a Dark Sky Reserve	<ul style="list-style-type: none"> • Experience the night sky from Cloon Lough in the MacGillicuddy Reeks, part of a gold tier dark sky reserve. • Includes all equipment – board, paddle, leash, wetsuit, buoyancy aid • Below water lights • Instruction and guide • After paddle bonfire and hot drink • Photos 	4/10	2 hours	€XX
Stand up paddle & Free Camp the Coast of Kenmare Bay	<ul style="list-style-type: none"> • Paddle 40km from Kenmare to Sneem over the course of 3 days • Explore the islands, coves, and bays along the way • Camping in the wilderness of the Iveragh Peninsula. • Includes SUP equipment (board, paddle, leash, wetsuit, buoyancy aid, dry bags) • All camping equipment – tent, sleeping pad, sleeping bag, lights, etc. • All meals – 3 dinners, 3 picnic lunches, 3 breakfasts, plus snacks • SUP instruction and guide • Luggage transfers • Airport transfers at start and finish from Kerry Airport • Photos 	4/8	3.5 days	€XX
Kenmare Bay: SUP Adventure Retreat	<ul style="list-style-type: none"> • Paddle the 40 km from Sneem to Kenmare over the course of 4 days. • SUP instruction and guide • 5 nights in luxury accommodation • All meals – 5 dinners, 4 picnic lunches, 5 breakfasts, plus snacks • A welcome drink • Luggage transfers • Evening entertainment – music, storytelling, cookery demo • Airport transfers at start and finish from Kerry Airport • Photos 	4/8	5 days	€XX



Wild SUP Tours | General Experience Descriptions

Half Day SUPfari

Explore the Dingle Peninsula in a new and exciting way, from a perspective few others get to enjoy. These fun-filled experiences run in a variety of locations across the peninsula that offers diverse landscapes from cliffs and sea caves, to native woodland. Following a short instructional safety talk, the group will set off with their expert guide for a two-hour paddle along the coastline. Embrace the serene beauty of your surroundings as you spot local wildlife before heading back for land, fully invigorated and ready for the next adventure!



All Day Adventure on a Stand Up Paddle Board

Explore the Dingle Peninsula in a new and exciting way and discover places most people will never see. These fun-filled experiences run in a variety of locations across the peninsula that offer diverse landscapes from cliffs and sea caves, to native woodland. Following a short instructional safety talk, the group will set off with their expert guide for an all day paddle along the coastline. Along the way, stop for a delicious picnic lunch of local artisan foods served on a remote private beach. At the end of the day, head back to land, fully invigorated, a little bit tired and ready for a hearty Irish supper!





Wild SUP Tours | General Experience Descriptions

Fresh Water Half Day Experience

Set out on the inland waterways of The Reeks District in mid Kerry, gliding through glistening waters on a SUP (stand up paddle board) while the majestic Carrauntoohil, Ireland's highest mountain, looks down from above. Following a short instructional safety talk, you will embark on an unforgettable trip through the serene beauty of native woodlands surrounded by wildlife and the gentle sounds of nature. Following the two-hour paddle through magnificent scenery, you will head back to land fully invigorated and ready for the next adventure!



Fresh Water Full Day Experience

Set out on the inland waterways of The Reeks District in mid Kerry gliding through glistening waters on a SUP (stand up paddle board) while the majestic Carrauntoohil, Ireland's highest mountain, looks down from above. Following a short instructional safety talk, you will embark on an unforgettable trip through the serene beauty of native woodlands surrounded by wildlife and the gentle sounds of nature. Half way through this all day experience, stop off for a delicious picnic lunch featuring local artisan foods. After some more exploring, paddle back to land, fully invigorated, a little bit tired but ready for a hearty Irish supper!





Wild SUP Tours | General Experience Descriptions

Eco Explorer Camp

Enjoy a laughter-filled week of games and mischief that includes stand-up paddle boarding while learning about the importance of sustainability, how to read the weather and tides, how to identify local seabirds, seaweeds and the flora and fauna of the Dingle Peninsula through rock pooling! Geared toward children aged from 10 to 15, this summer camp will give them the confidence to have fun and be safe in the water. Each day includes a slightly different activity paired with SUP ranging from how to make a sail from foraged objects to creating a sup board out of plastic bottles.





Wild SUP Tours | Premium Adventure Descriptions

Night SUP in a Dark Sky Reserve

Paddle out onto the glassy lake nestled in a valley surrounded by silent mountains, the night sky ablaze with stars above you. The dark sky reserve above the Macgillicuddy Reeks mountains in mid Kerry is the only gold tier reserve in the Northern Hemisphere and this is an opportunity to experience the night sky like our ancestors did, only a whole lot better! Meet in the hidden valley and prepare to launch, a soft light glowing in the water from below the board illuminating the lake water below. After gazing up at the stars, enjoy a hot drink by a warm bonfire on the lake shore.



Stand Up Paddle & Free Camp the Coast of Kenmare Bay

Over the course of three days, paddle the 40 kilometre route from the heart of Kenmare to the lovely little village of Sneem, along the famous Ring of Kerry. This paddle follows the coastline of Kenmare Bay, allowing for exploration of the islands, coves, rivers, and inlets. The sheltered coastline provides perfect paddle conditions and was named by Lonely Planet as one of the top 9 places in the world for a multi-day SUP trip. At night, camp in the wilderness and cook over an open fire. All food is locally sourced and eaten al fresco.

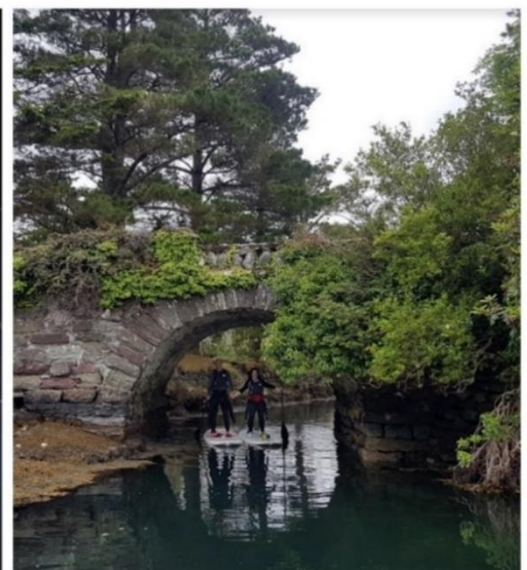




Wild SUP Tours | Premium Adventure Descriptions

Kenmare Bay: A SUP Adventure Retreat

Paddle the 40 magnificent kilometers from Sneem to Kenmare along the famous Ring of Kerry over the course of four days. Weaving in and out of the coves, islands, bays and rivers, experience chance encounters with wildlife while discovering ruined houses and secret places very few people ever get to see. After a full day of exploring, delight in the comforts of the area's best hotels with nights spent at the 5* Parknasilla Resort and Spa, Sheen Falls Lodge, and others. Fine dining in the evening paired with nights spent at the local pub enjoying traditional music and storytelling make this an unforgettable authentic Irish experience with a twist!





Wild SUP Tours | General Information

❖ Opening Hours:

- 9:00 to 20:00 April through October.
- Tours can be arranged in the winter months, weather permitting.

❖ Premises:

- Located directly behind 'Out Of The Blue' across from Dingle marina.
- On site there are changing facilities and a secure place for guests to store their belongings while out on the water.

❖ Weather Notice:

- Stand up paddle boarding is a weather dependent sport. Sometimes, if conditions are not suitable, a tour must be cancelled, safety is a top priority. In such instances...
 - Wild SUP Tours aims to reschedule in these cases if at all possible.
 - For the multi day tours, there are contingency plans in place to accommodate for days not spent on the water, such as hiking to hidden waterfalls and historical cultural parks in the area.
 - **NOTE:** This is not a common occurrence. Tours are **very rarely** cancelled.

